



Montgomery County Safe Sleep Coalition  
General Meeting Minutes  
March 6, 2019

Call to Order at 6:35 pm

Lisa Owens

*In attendance:* Dr. Lisa Owens, Misty Berry, Holly Gregersen, Christy Adams, Elizabeth Tellez, Brittany Hansferd, Ashton Herring, Sharon Record, Gicela Rodriguez.

*Call-in Line:* Susan Romero, Karen Thomas

### *Welcome/Introductions*

### *Charter Statement*

- ❖ Points to Include
  - Goal: elimination of preventable, sleep-related deaths - “chasing zero” no preventable sleep-related death is acceptable
  - Multi-disciplinary, county-wide, multi-system initiative
    - Representation from multiple area healthcare facilities
    - Community partnerships
  - Increase safe sleep awareness among clinicians and families
  - Standardization of education
  - Timeline 5 years
- ❖ Proposed Charter Statement – to be voted on next meeting. Please review and prepare to discuss.
  - *The Montgomery County Safe Sleep Coalition aims to eliminate preventable, sleep-related deaths over a 5-year period by increasing safe sleep awareness among clinicians and families in our community through standardization of education, community partnerships, and county-wide community outreach initiatives.*

### *Elected Positions*

- ❖ Coalition Co-Chair – Dr. Lisa Owens, Medical Director of NICU for Texas Children’s Hospital The Woodlands to serve as De Facto Chair until structure and momentum sufficiently established. The coalition needs a Co-Chair to serve alongside Dr. Owens (preferably from another facility).

- **Duties Include**
  - Collaborate on establishment of timing, location, and structure of meetings
  - Oversee workgroups and community outreach initiatives
  - Be available to provide statements to media outlets
  - Serve as a resource for other coalition members and community partners
- ❖ Coalition Secretary
  - **Duties Include**
    - Taking notes during meetings
    - Organizing notes and sending out meeting minutes to the group
    - Confirming meeting location and timing and sending out reminder email for meeting dates/times
- ❖ Please email Karen Thomas – [kjthoma2@texaschildrens.org](mailto:kjthoma2@texaschildrens.org) if interested in either position.

### *Meetings: Structure, Frequency, Location*

- ❖ **Structure**
  - Call to order
  - Approval of previous meeting minutes
  - Reports/updates from work groups
  - Open forum/group discussion
  - Adjournment
- ❖ **Frequency**
  - The group discussed meeting quarterly
  - Suggested - 1<sup>st</sup> Wednesday of the month, each quarter
  - Suggested meeting time – 6pm
- ❖ **Location**
  - Meetings to be held at TCH Woodlands conference room for consistency (during the recruitment phase of the coalition)
  - Consider rotating meeting location hosting in the future

### *Group Discussion*

- ❖ What would be most helpful?
  - Discharge Packet/Tool-kit
  - Data Collection Tool for Child Fatality Review Team
  - Community outreach activities
  - Multi-media public service announcements
  - Involvement of many county-wide systems – who else to recruit/involve?
    - CHI St. Luke’s Woodlands
    - Kingwood/Tomball/Conroe – HCA
    - Birthing Centers
    - Tri-County
    - Lone Star Community Health
    - Women’s Center
    - CPS

- Child Safe Harbor
    - TCPs and area Pediatricians
    - Lactation consultants?
    - Daycares/Church Nurseries/Mother's Day Outs
    - Nursing Schools?
    - OB clinics
  - ❖ Work groups/Sub-Committees – 4 initial Work Groups Designated
    - **Policy Change Work Group**
      - Serve as legislative liaison for state and community policy
    - **Education Work Group**
      - Work on building robust, standardized educational toolkit
        - Brochure
        - Video
        - Website
        - App
      - Consider different opportunities for dissemination – at hospital pre-registration, prenatal appointments, pediatrician's offices, churches, daycares
      - Consider utilizing tech tools to reach parents
        - Help for parents, help for kids
    - **Community Partnerships Work Group** – help to establish relationships with community stakeholders
      - Community Centers
      - CPS
      - Clinics
      - PACN
      - Potential Vendors
      - Healthcare facilities
      - Community Foundations
    - **Fundraising/Grant Work Group** – to secure funding for community outreach once established
- \*\*\*Please email Karen Thomas – [kjthoma2@texaschildrens.org](mailto:kjthoma2@texaschildrens.org) if interested in specific work groups\*\*\*
- ❖ CFRT Data Collection Tool – to be filled out on all sleep-related death in Montgomery County starting 2019
  - Items to Include
    - Date of birth
    - Location of birth
    - Location of death – zip code (to be reported out by county quadrants)
    - Gestational age (if available)
    - Birthweight
    - Prenatal Care
    - Maternal Risk Factors
      - Drugs/Alcohol
      - Obesity
      - Smoking
      - Maternal Parity
    - Breastfed vs. Bottlefed
    - Location of death in home – crib vs other surface (swing, pack n play, parents bed, recliner, sofa, floor, carseat, etc).

- What was the infant wearing
- Last seen alive (number of hours)
- Anything on sleep surface with the infant
- Other circumstances around death

\*\*\*Please see attached copy of proposed tool that accompanied this email\*\*\*

*Next meeting – proposed date June 5, 2019 at 6:00 pm*

Adjournment 7:47 pm

Lisa Owens